



BUDGET BYTES

DELICIOUS RECIPES DESIGNED FOR SMALL BUDGETS

Pesto Stuffed Shells Meal Prep

GROCERY ITEMS	
<input type="checkbox"/>	Frozen Spinach, 1/2 lb
<input type="checkbox"/>	Ricotta cheese, 15 oz
<input type="checkbox"/>	Mozzarella, shredded, 1/2 cup
<input type="checkbox"/>	Basil pesto, 1/2 cup
<input type="checkbox"/>	Egg, large, 1
<input type="checkbox"/>	French bread, 1 loaf
<input type="checkbox"/>	Butter, 1/2 stick
<input type="checkbox"/>	Garlic, 3 cloves
<input type="checkbox"/>	Parsley, 1/4 cup
<input type="checkbox"/>	Jumbo pasta shells, 8 ounces (22-25 shells)
<input type="checkbox"/>	Pasta sauce, 24 oz jar
<input type="checkbox"/>	
<input type="checkbox"/>	
<input type="checkbox"/>	

PANTRY ITEMS	
<input type="checkbox"/>	Olive oil, 2 Tbsp
<input type="checkbox"/>	Salt
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*Remember: Shop your pantry before you shop the store so you know what needs to be restocked and what you already have on hand.