

Pork & Peanut Dragon Noodle Meal Prep

GROCERY ITEMS	PANTRY ITEMS
Chili garlic sauce, 1/4 cup	Soy sauce, 1/2 cup + 2 Tbsp
Ground pork, 1/2 lb.	Brown sugar, 1/4 cup + 1 Tbsp
Ramen noodles, 6oz.	Neutral oil, 1/4 cup + 2 Tbsp
Green onions, 7	Rice vinegar, 2 Tbsp
Unsalted peanuts, 1/4 cup	Toasted sesame oil, 2 tsp
Fresh ginger, 2 tsp grated	Sesame seeds, 1 Tbsp
Frozen broccoli florets, 2 lb.	Salt
Sliced almonds, 2/3 cup	
Crunchy Chow Mein Noodles, 2 cups	

^{*}Remember: Shop your pantry before you shop the store so you know what needs to be restocked and what you already have on hand.